

**SANDERSON HIGH SCHOOL
CHEERLEADING INFORMATION PACKET**

Spring informational meeting will be held on Thursday, May 12th at 3:30 in room 231. All interested students and parents are welcome!

*All students interested in trying out for either JV or Varsity cheerleading at Sanderson High School must turn in ALL of the attached forms on Monday, August 1st. The forms include the following: **medical examination, insurance waiver, permission for treatment, Sanderson Cheerleading Rules and Regulations, Athletic Participation Policy, and camp waiver.***

The schedule printed below will be followed the week of tryouts. **SENIORS**, please schedule senior pictures around these days and times.

Monday, August 1st

- Participants should meet in the **small gym at Sanderson** to turn in forms and receive additional tryout information. **10:00 a.m.**

Monday, August 1st (3:00-6:00 pm/6:00-6:15 pm)

- Participants meet in the small gym at **Sanderson High School** for the tryout camp.
- The school's fight song and the motion drill will be taught on this day.
- 6:00-6:15 pm-Q & A session for parents in the small gym

Tuesday, August 2nd (8:00 am-12:00 pm)

- Participants meet in the small gym at **Sanderson High School** for the tryout camp.
- Two cheers and a dance will be taught on this day.

Wednesday, August 3rd

- **OPEN TRYOUTS** begin at **8:00 A.M.** at Sanderson. Participants should plan to stay until we are finished in case we have callbacks.
- **AN OPEN TRYOUT MEANS THAT FRESHMEN COULD MAKE VARSITY. IF YOU DO NOT WANT TO BE CONSIDERED FOR VARSITY, PLEASE INFORM THE COACHES BEFORE THE DAY OF TRYOUTS!**

Thursday, August 4th

- Girls who make the JV and Varsity squads will have practice at Sanderson. Times will be given out on Monday, 8/1.

Friday, August 5th

- Squads will have a private clinic at Sanderson.
- Varsity will be from 12:00-2:00 pm, and JV will be from 2:00-4:00 pm.

For camp you will need drinks and your number that you receive on August 1st. Please dress in appropriate clothes. Pull your hair up if it is long, and please do not wear ANY jewelry. Coaches will not be responsible for holding items.

REMEMBER: You will NOT be allowed to participate in anything we do unless you have **ALL forms** completed. Forms are available in Sanderson's main office or on the school's website (<http://sandersonhs.wcpss.net/>) all summer. **Information about optional summer weight training will be posted on this site as well.** Questions about the SHS cheer program can be emailed to Coach Bradford at jbradford@wcpss.net.

If you make the squad, practices begin immediately! We are informing you of the dates now, so plan vacations accordingly. If you make the squad, we expect you to be there.