



SPARTAN Newsletter

JESSE O SANDERSON HIGH SCHOOL PTSA

Volume 29 Issue 1
September 2011

Principal's Message



Welcome back! The 2011-12 school year at Sanderson is off to a great start. New additions to our staff include Frances Auld, ESL; Joni Burns, Marilyn Nelson, John Williams, Kenneth Williams, Sp. Ed. TA; Tracy Cottrell, Karen Klein, Lindsay Russell, Math; Judy Dove, French; R. Kemp Ewing, Amy Stoner, Health/PE; Laura Futrell, Rachel Kalsch, Alex Sanders, Maggie Shields, English; Wendi Huskins, OCS; Grace Powell, Science; Julie Watkins, Interior Design; Teresa Shade, Clerical, Veronica Stewart, Admin. TA. The school nurse is Paula Russ.

Thank you for your patience with the carpool line and the bus schedules as adjustments will be made over time. In car pool, please pull to the bottom of the carpool lane so that we can maximize the number of vehicles that access the carpool lane at one time. Please do not endanger your child or yourself by dropping them off in the street, park or neighborhoods. We will have Raleigh police occasionally monitor the safety of our parents and students.

Our fall "Meet the Teacher Night" will be Tuesday, September 13 at 6:30 p.m.

Student & Parent Handbooks are available on our website www.sandersonhs.wcpss.net. Please review it with your student. A limited number of print copies are available upon request from Student Services.

Please talk with your student about the school board policy regarding use of electronic devices during the school day. All devices should be off and out of sight from

8:05 until 3:00. Any visible device, whether in use or not, will be confiscated and held in the main office for a parent to pickup. Subsequent offences will result in disciplinary action. Please refrain from trying to reach your student on his/her cell phone during the academic day. In case of emergency, you may phone Student Services at 881-4820 to have a message delivered to your student. Non-emergency messages should wait until the end of the school day. Other areas of focus on behavior are: Students are not permitted to wear head coverings in the building; dress code violations (including gang related items) will be addressed; and attendance and tardies will be enforced each day and per period.

The school will protect instructional time by limiting interruptions to classes in progress. We will not deliver messages to students unless they are from a parent and are of a confirmed emergency nature. Items can be left in Student Services for the student to pick up between classes. We will not interrupt class for deliveries.

Parents, it is extremely important to understand that students are not readily available for mid-day dismissal between 11:00AM – 12:05PM, since this is SMART Lunch. Students are allowed to make individual choices of locations for lunch and classrooms for tutorial assistance. The office staff cannot assist you in locating your child during SMART Lunch. You can send a note, including a phone number where you can be reached. The student should bring this note to the Attendance Office upon arriving at school. Mrs. Jackson will phone you to verify the checkout

(Continued on page 11)

Inside this issue:

Important Dates	2
Athletics	3, 4
Air Force JROTC	6
FCCLA	7
Spring Break in Spain	7
Academic Boosters	8
College Planning Checklist	10
No Fuss Fundraiser	11
Blood Drive	12

SPARTAN SCHOOL STORE

OPEN
7:30 AM - 7:50 AM every morning
SMART LUNCH

Located in the upstairs hallway near the Chorus Room (229)

Standard school supplies are available at affordable prices - cash only.

FCCLA operates the store as a service to the Spartan Community.

Dates to Remember

September

- 13 (Tue) Meet the Teacher Night
- 16 (Fri) Early Release @ 12:30
- 20 (Tue) Senior Parent Night
- 23 (Fri) Blood Drive
- 30 (Fri) Teacher Workday

Interim reports go home the week of Sept 26

October

- 7 (Fri) Early Release @ 12:30
- 11 (Tue) Chorus Fall Concert
- 12 (Wed) PSAT
- 14 (Fri) Homecoming v. WF-Rolesville
SAC BBQ Sale
- 18 (Tue) Band Fall Concert at 7pm
- 31 (Mon) Teacher Workday

Mid Term Exams are the week of Oct 24

November

- 04 (Fri) Report Cards Issued
- 11 (Thu) Holiday - Veterans Day

Meet The Teacher Night

Parents are invited to meet their students' teachers this evening. Parents will hear from SHS principal, Dr. Decker, and the PTSA before following their student's schedule. Teachers will share course expectations and answer parent questions.

Programs will be distributed by Sanderson's AFJROTC cadets to parents as they enter the building for the evening's events.

Parents may sign up for SPAN accounts in the Career Center until 8:45pm. All parents should complete the sign-up process for SPAN each academic year, for each student.

Tuesday, September 13
6:30 pm - 8:20 pm
Auditorium

Jesse O. Sanderson High School
5500 Dixon Drive, Raleigh, NC 27609
919-881-4800
<http://sandersonhs.wcpss.net>

<u>School Administration</u>	
Principal:	Dr. Greg Decker (gdecker@wcpss.net)
Assistant Principals:	Raleigh Bame, James Crook Chrystal Regan & Paul Walker
Dean of Student Services:	Tracy Mosher
Guidance:	Pam Davis
Career Center:	Traci Claiborne
Athletics:	Tony Lewis
<u>PTSA Board</u>	
President:	John Kinney (twkinney@mindspring.com)
Vice President, Programs	Lisa Kazmierczak
Vice President, Fundraising	Catherine Mason
Vice President, Communications	Liz Gale
Treasurer	Irene Jasper
Secretary	Jami Elizondo
<u>Communications</u>	
Newsletter Circulation:	Kathy Swango
Newsletter Editor:	Liz Gale (shsnewsletter@earthlink.net)
Website:	Jenny Bennett (jbennett@wcpss.net)
Yahoo Email:	Cindy Jones (cmj61@nc.rr.com)

Send Newsletter submissions to:
shsnewsletter@earthlink.net

The PTSA and the Newsletter Staff reserve the right to edit, reformat or limit the length of submissions.

© 2011 Sanderson High School PTSA

Senior Parent Night

Senior parents are invited to attend this valuable post-secondary information event. Parents will be provided a wealth of information, along with supporting materials, concerning students' next steps if headed for two year or four year college or university enrollment after graduation.

Tuesday, September 20
6:00pm-8:00pm
Auditorium

The fall sports season officially began on July 31st when the football team and the cheerleaders began practice. But lots of Spartan athletes were busy all summer long taking part in a variety of activities like weight lifting and conditioning, playing in pick-up games, going to camps, or playing on non-school teams. It's a sign of the times. More and more coaches are running optional off-season programs to help the students improve their skills and get faster and stronger. The students who participate and make the commitment to improvement deserve a pat on the back.

Please come to some games. The most economical way to gain entry to all regular season home contests is to possess the season pass sold by our all-sports parent boosters group – the Sanderson Athletic Club. Coming to the games is fun and the players appreciate your support. Guests without a season pass pay up to \$7 per ticket for each event they attend. The activities of the club are vital to the well being of our program. Joining the Club is one thing... being an active member is another. Please consider becoming an active member. It's a worthwhile way to impact the athletic experience for hundreds of Sanderson's finest students. This year's President is Marcy Johnson and you may contact her by email jjohnson7021@nc.rr.com for information about the club.

Much of the useful information about the Sanderson athletic program can be found online. Go to Sanderson's website at <http://sandersonhs.wcpss.net>. Click on Mini Webs on the menu at the top of the home page, then Sanderson Athletics on the next menu. The Sanderson Athletics Website provides access to all sorts of information including a list of sports we offer at Sanderson, a list of coaches and their email addresses, schedules, forms, directions to other schools, boosters club information, links to other relevant sites, and much more.

Here are some key dates for your 2011-2012

calendars: Sports photo dates: Winter-Nov. 14, Spring-Feb. 15th. Sports banquet dates: Fall-Nov. 7, Winter-Feb. 27, Spring-May 21. The Sanderson Athletic Club meets monthly in the Media Center at 7:00 PM. The dates for the next nine meetings are Sept. 19, Oct. 17, Nov. 1, Dec. 19, Jan. 17, Feb. 21, Mar. 19, Apr. 23, May 1.

When weather turns inclement and outdoor events become "iffy", you can call my office to listen to the recorded message to find out if an event has been postponed. We usually try to "make the call" by 2:00 PM (an hour before the end of our school day). I recommend waiting until 2 PM before calling to listen for an announcement. The number is 881-4830.

We welcome some new members of the Sanderson coaching staff. **Kemp Ewing** will teach Health and Physical Education and will coordinate our defense in football. Kemp comes to Sanderson with teaching and coaching experience at East Carteret High School, Greenville Rose and Northern Durham (where he is from) to name a few. We're pleased to have Coach Ewing on our staff this year. **Chris Mumma**, a history teacher at Sanderson, is our new Head Men's and Women's Swimming coach. Chris assisted Coach Miller, our former head swimming & diving coach last year and comes to Sanderson with lots of experience having swum at Penn State himself.

Call me if you need me. I'll see you at the games.

Tony Lewis,
Athletic Director
881-4830
rlewis1@wcpss.net



Sanderson Wrestling

~ Jeremy H. Barefoot

The Sanderson wrestling team had a productive summer and returned home with a few victories. The team traveled to Myrtle Beach July 3-6 for Bob Guzzo's highly competitive Grand Slam wrestling camp, and won the team championship, going undefeated in dual matches. Many of the wrestlers also competed at tournaments in Virginia, Pennsylvania, and all over North Carolina. Anyone interested in wrestling for Sanderson should check out the team website, www.sandersonwrestling.com, and contact Coach Jeremy H. Barefoot at jbarefoot@wcpss.net.

Sanderson High School Athletics - 2011 Fall Sports Schedules

VARSITY FOOTBALL

Day	Date	Opponent	Site	Time
Fri	Aug 19	Athens Drive	Home	7:00
Fri	26	Panther Creek	Away	7:30
Fri	Sept 2	Green Hope	Home	7:00
Fri	9	Hoke County [E]	Home	7:00
Fri	16	Wakefield	Away	7:00
Fri	23	Heritage	Away	7:00
Fri	30	Millbrook [HOF]	Home	7:00
Fri	Oct 7	Leesville	Away	7:00
Fri	14	Wake Forest-Rolesville [H]	Home	7:00
Fri	21	Enloe	Away	7:00
Fri	28	Broughton	Home	7:00

[E] NCHSAA Endowment game
[H] Homecoming game
[Hall of Fame Introductions]

JUNIOR VARSITY FOOTBALL

Day	Date	Opponent	Site	Time
Thur	Aug 18	Athens Drive	Away	6:30
Thur	25	Panther Creek	Home	6:00
Thur	Sept 1	Green Hope	Away	6:30
Wed	8	Open		
Thur	15	Wakefield	Home	6:00
Thur	22	Heritage	Home	6:00
Thur	Oct 29	Millbrook	Away	6:00
Thur	6	Leesville	Home	6:00
Thur	13	Wake Forest-Rolesville	Away	6:00
Thur	20	Enloe	Home	6:00
Thur	27	Broughton	Away	6:00

WOMEN'S TENNIS

Day	Date	Opponent	Site	Time
Mon	Aug 15	Cary	Home	4:00
Tue	16	Athens	Away	4:00
Mon	22	South East	Away	4:00
Tue	23	Leesville	Away	4:00
Thur	25	WF-R	Home	3:30
Tue	30	Enloe	Away	3:30
Thur	Sept 1	Broughton	Home	3:30
Tue	6	Wakefield	Home	3:30
Thur	8	Heritage	Home	3:30
Fri	9	Green Hope	Away	3:30
Tue	13	Millbrook	Away	3:30
Thur	15	Leesville	Home	4:00
Tue	20	WF-R	Away	3:30
Thur	22	Enloe	Home	3:30
Tue	27	Broughton	Away	3:30
Thur	29	Wakefield	Away	3:30
Mon	Oct 3	Heritage	Away	3:30
Wed	5	Millbrook	Home	3:30
Tue	11	Cap 8 Tournament	Away	TBA
Wed	12	Cap 8 Tournament	Away	TBA
Fri	21	4A Regionals	Away	TBA
Sat	22	4A Regionals	Away	TBA
Fri	28	NCHSAA State Tournament	TBA	
Sat	29	NCHSAA State Tournament	TBA	

CROSS COUNTRY

Day	Date	Opponent	Site	Time
Sat	Aug 20	Kickoff Classic	W Med Pk	TBA
Wed	31	Wakefield	Home	5:00
Wed	Sept 7	Heritage	Home	6:00
Sat	11	Seahawk Invit	UNCG	
Wed	14	Millbrook	Away	6:00
Sat	17	Wolfpack Invit	W Med Pk	
Wed	21	Leesville	Home	5:00
Sat	24	Greensboro Invit	Gboro	
Wed	28	WF-R	Away	5:00
Wed	Oct 5	Enloe	Home	5:00
Sat	8	4 Runners	Kernersville	TBA
Wed	12	Broughton	Away	5:00
Tue	18	Cap 8 Championships	W Med Pk	TBA
Sat	29	4A Regionals	W Med Pk	TBA
Sat	Nov 5	NCHSAA State Meet	Kernersville	

VARSITY AND JV MEN'S SOCCER

Day	Date	Opponent	Site	JV	Varsity
Mon	Aug 15	Cary	Away	4:30	6:30
Tue	16	Pinecrest	Away	5:00	7:00
Thur	18	Fuquay-Varina	Home	4:30	6:30
Mon	22	Green Hope	Away	4:30	6:30
Wed	24	South East	Away	4:30	6:30
Mon	29	Chapel Hill	Away	5:00	6:45
Thur	Sept 1	Rocky Mount	Home	4:30	6:30
Tue	6	Wakefield	Away	4:30	6:30
Wed	7	Heritage	Away	4:30	6:30
Mon	12	Millbrook	Home	4:30	6:30
Wed	14	Leesville	Away	4:30	6:30
Mon	19	WF-R	Home	4:30	6:30
Wed	21	Enloe	Away	4:30	6:30
Mon	26	Broughton	Home	4:30	6:30
Wed	28	Wakefield	Home	4:30	6:30
Thur	29	Riverside	Home	4:30	6:30
Mon	Oct 3	Heritage	Home	4:30	6:30
Wed	5	Millbrook	Away	4:30	6:30
Mon	10	Leesville	Home	4:30	6:30
Wed	12	WF-R	Away	4:30	6:30
Mon	17	Enloe	Home	4:30	6:30
Wed	19	Broughton	Away	4:30	6:30
Mon	24	Cap 8 Tournament	TBA		6:30
Tue	25	Cap 8 Tournament	Leesville		5/7
Thur	27	Cap 8 Tournament	Leesville		6:30

VARSITY AND JV VOLLEYBALL

Day	Date	Opponent	Site	JV	Varsity
Tue	Aug 16	Athens Drive	Home	4:30	5:30
Sat	20	Swansboro Tourn	Away	---	TBA
Mon	22	Cary	Home	4:30	5:30
Wed	24	Green Hope	Home	4:30	5:30
Mon	29	South East	Home	4:30	5:30
Tue	30	Enloe	Away	4:30	5:30
Thur	Sept 1	Broughton	Home	4:30	5:30
Tue	6	Wakefield	Home	4:30	5:30
Thur	8	Heritage	Home	4:30	5:30
Tue	13	Millbrook	Away	4:30	5:30
Thur	15	Leesville	Home	4:30	5:30
Tue	20	WF-R	Away	4:30	5:30
Thur	22	Enloe	Home	4:30	5:30
Tue	27	Broughton	Away	4:30	5:30
Thur	29	Wakefield	Away	4:30	5:30
Tue	Oct 4	Heritage	Away	4:30	5:30
Thur	6	Millbrook	Home	4:30	5:30
Mon	10	Leesville	Away	4:30	5:30
Tue	11	WF-R	Home	4:30	5:30
Thur	13	Cap 8 Tournament	TBA		6:00
Mon	18	Cap 8 Tournament	Heritage		5/7
Wed	20	Cap 8 Tournament	Heritage		6:00

WOMEN'S GOLF

Day	Date	Event	Site	Time
Tue	Aug 29	Cap Eight Match	Heritage GC	3:30
Tue	Sept 6	Cap Eight Match	Hedingham	3:30
Tue	13	Cap Eight Match	Brier CC	3:30
Tue	20	Cap Eight Match	Wildwood	3:00
Tue	27	Cap Eight Match	NCSU	3:00
Tue	Oct 4	Cap Eight Match	Falls Village	3:30
Tue	11	Cap Eight Match	Wakefield TPC	3:00
Mon	24	4A Regionals	Duke	3:00
Mon	31	NCHSAA State Tour	TBA	TBA
Tue	Nov 1	NCHSAA State Tour	TBA	TBA

As of July 29, 2011

SANDERSON ATHLETIC CLUB MEMBERSHIP AND SEASON PASS APPLICATION

Welcome to Sanderson High School's 2011-2012 Sports Seasons. The Sanderson Athletic Club (SAC) is again offering the following Memberships and Season Passes for purchase for this school year's athletic events at Sanderson. Please join us in supporting our student-athletes.

- Family (*SAC Membership, Season Passes, and One (1) Parking Pass*) \$160
- Single Adult (*SAC Membership and Season Pass*) \$60
- Single Student (*Season Pass Only*) \$40
- Senior Citizen, age 62+ (*Season Pass Only*) \$25
- Sanderson Athletic Club (*Membership Only*) \$10

(A "family" consists of one or two parents (per household) and the children of those parents, at least one of which is usually a student at Sanderson High School.)

Season Passes permit entry into ALL regular season Sanderson home athletic events. Parking Passes allow preferred parking at home varsity football games. **NOTE: Individual tickets to games purchased at the gate cost \$7.00 per person for varsity football and \$5.00 per person for all OTHER events.**

Show off your Spartan Spirit! Show your Sanderson support with a SHS car magnet, window decal, or apparel item! You can purchase these items at the SAC tables at orientations, SHS Open House and home games.

Please mail your order form as soon as possible to: **Marci Johnson • 4908 Hermitage Drive • Raleigh, NC 27612**
Check payable to: Sanderson Athletic Club. All mail orders will be mailed upon receipt.

For further information, contact: **Marci Johnson • jjohnson7021@nc.rr.com or call 919-420-0922.**

Sanderson Athletic Club Membership / Season Pass Order Form

- \$160-Family
 \$60-Single Adult
 \$40-Single Student
 \$25-Sr. Citizen
 \$10-SAC Membership Only

Name: _____
 Address: _____
 Phone: _____ Email: _____
 # Passes: _____ Amount Paid: _____

List ALL names (first/last) below for passes and include student grades/sport where applicable. **NOTE: There is a \$5.00 replacement fee for lost passes.**

LOOKING FOR A WAY TO GET INVOLVED AT SANDERSON HIGH SCHOOL?

Please consider helping any of the following Athletic Club Committees. A committee chair will contact you.

- Advertising
 Programs
 Facilities
 Concessions
 Special Projects
 Video
 Banquets
 Awards
 Membership & Communications
 Occasional Opportunities
 Merchandise Sales
 Team Representative

THANK YOU FOR SUPPORTING SANDERSON ATHLETICS!

SHS Cadets Excel at AFJROTC Summer Leadership Camps

~ Col. Bob Penny, Senior Aerospace Science Instructor

Eighteen cadets attended cadet leadership programs at two locations over the Summer. Ten cadets attended Summer Leadership School (SLS) at East Carolina University and eight attended Cadet Officer Leadership School (COLS) at Fayetteville State University.

East Carolina SLS: Cadets Christopher Albert, Alanna Aungvibool, Eric Fogarsi, Mitchell Lester, Arriana McLymore, Dorothy Neal, Mason Packer, Adrian Rodriguez, Daniel Willey, and Sarah Wroth graduated from the East Carolina SLS on 18 June 2011. Cadet Lester was selected as the Group Commander (the top cadet position). Cadet Rodriguez served as a Flight Commander and Cadet Willey served as a Flight Sergeant. The school, sponsored by the Northside-Jacksonville High School AFJROTC unit, emphasizes leadership, team-building, analytical thinking skills, self-discipline, drill skills and physical fitness. Twenty-two high schools and over 200 cadets participated in the 6-day camp. The cadets began each day at 4:30 AM with a PT test of push ups, sit ups, and a 1-mile run. The day ended with team sports competitions in the evening. During the day, cadets participated in water safety instruction; completing an obstacle course; repelling down a 60 foot tower; room and personal (uniform) inspections; traversing a rope bridge; map reading through the forest; and drill practice. Each cadet was also given an academic test, physical fitness test and a drill evaluation.



Cadets competed for individual and group awards throughout the week. Cadets Packer and Willey were in the flight recognized as Top in Sports Competition. Cadet McLymore was in the flight with the Top Inspections in rooms and uniforms. Cadet Fogarsi was

selected as his flight's Warrior Cadet.

Fayetteville State COLS: Cadets Brent Anderson, Christian Beller, Norman Everhart, Jonathan Gomez, Law K'Pru, Cheyenne Scheetz, Ty Warren, and Erin Whelan completed rigorous training at FSU COLS on 1 July 2011. Cadets Scheetz and K'Pru served in camp leadership positions. This COLS, held at Fayetteville State University, is sponsored by the AFJROTC unit at Terry Sanford High School. Thirty-two high schools and 300 cadets participated in the 6-day camp. Training included a daily PT test of push ups, sit ups, and a 1-mile run; water safety and scuba diving instruction; completing an obstacle course; repelling down a 40 foot tower; room and personal (uniform) inspections; traversing a 30 foot rope bridge; map reading through the forest; and competing in five different team sports events. Cadets also spent one night camping out in the woods. Their days started at 4 AM with lights out at 9 PM.



Cadet Whelan's flight was selected as the Honor Flight of the COLS.

You're A Cadet All Year

Any cadet enrolled in AFJROTC for either the Fall or Spring Terms is a cadet for the entire academic year. As such, cadets are welcome and encouraged to participate in all extracurricular activities throughout the year, especially the Competitive Drill Team, corps' service projects, and our Curriculum-In-Action Trips. Please keep in touch with your corps by visiting the corps web site (linked to the Sanderson HS web page) and come by the classroom.

AFJROTC Booster Club

The cadet corps is huge this year. 195 cadets are signed up for this year's classes. We are excited about the interest in AFJROTC and about the parent support we've had in past years. If you are a parent/guardian of a cadet taking our class either semester, please get involved with the booster club now. Contact Membership Chairperson Yvonne Vaughters at vonie719@hotmail.com to sign up. Visit the Booster Club webpage connected to the corps' web page to see how you can help.



Springbreak in Spain!

Ms. L. Brown, CTE and Ms. S. Dixon, Foreign Language, will take 24 students to Spain. If interested please log on the website www.eftours.com/1020164 to preview the tour and browse the videos. The trip will include a pottery making class in Barcelona and a Flamico dance lesson in Madrid as well as many tours. What an opportunity for your student to participate in this great educational experience where your student will learn about Spain, the people, the art, it's history and practice the language. Join us outside of the classroom for a life changing experience. Information will be distributed to those that are interested and a meeting scheduled early September to answer additional questions. Please e-mail ldbrown@wcpss.net if you are interested.

This is not a WCPSS sponsored trip.

FCCLA Brings Home Gold & Silver from Nationals!

~ Linda D. Brown, CTE Department Chair & FCCLA Advisor

Alexa Futrell, Sophomore and **Ashley Northcutt**, Junior recently participated in STAR Events (Students Taking Action with Recognition) at Family, Career and Community Leaders of America's (FCCLA) 2011 National Leadership Conference in Anaheim, California. The students earned this opportunity by competing at the state level in March and winning First Place, Gold medals. At Nationals, Alexa received a Gold medal in Life Event Planning and Ashley Northcutt received a Silver medal for Fashion Construction, one of 28 national STAR Events available to FCCLA students. Their medals were presented at a recognition session honoring all participants at the Anaheim Convention Center on Thursday, July 14. More than 6,300 members, advisers, alumni, and guests from across the nation attended the meeting. Approximately 3,500 students advanced from the local, regional, and state level of STAR Events to the national meeting. Alexa used the Couture in the Courtyard, Sanderson's new spring fashion show as her project. The project reflected the planning, budget making and team work involved to create such an event. Ashley designed and constructed a beautiful silver, strapless semi-formal dress for the competition. She wore the dress during the spring fashion show here at Sanderson.

FCCLA's STAR Events are based on the belief that every student is a winner. Competition, evaluation, and recognition all stress cooperation as the basis of success. Both youth and adults work together to manage the events and serve as evaluators of the participants.

Throughout the year, FCCLA members tackle issues such as teen violence prevention, traffic safety, family issues, career exploration, and much more. FCCLA programs and competitions enrich student learning, improve self-esteem, and serve students with a range of ability levels, economic situations, and cultural influences.

Family, Career and Community Leaders of America (FCCLA), is a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work, and societal issues through Family and Consumer Sciences education. FCCLA has over 190,000 members and over 6,500 chapters from 50 state associations, Puerto Rico, and the Virgin Islands. The organization has involved more than ten million youth since its founding in 1945.

FCCLA: The Ultimate Leadership Experience is unique among youth organizations because its programs are planned and run by members. It is the only career and technical in-school student organization with the family as its central focus. Participation in national programs and chapter activities helps members become strong leaders in their families, careers, and communities. Out of 87,994 students from across the country, 55% of students believe that FCCLA has a positive impact on their academic performance. Please congratulate these students for their hard work and outstanding representation of Sanderson. Sanderson is very proud of these students!

SHS ACADEMIC BOOSTER CLUB

"BRINGING OUT THE BEST"



Members of the Sanderson Academic Booster Club are dedicated to creating the best possible academic environment for our students. The combined efforts of dedicated teachers and administrators, motivated students, and involved parents make a crucial difference. We are committed to "Bringing Out the Best" by improving academic opportunities for EVERY student at Sanderson. We believe in promoting, encouraging and recognizing students of ALL academic levels. We afford this through fund-raising efforts, corporate support, and individual or alumni contributions. All donations and membership dues are used to support our many programs. For more information, please visit the Academic Booster Club website found on the Sanderson homepage under academics or contact our President, Terri Northcutt at tnorthcutt@nc.rr.com. We hope you will join our enthusiastic group!

WHAT DOES THE SANDERSON ACADEMIC BOOSTER CLUB DO?

- ★ Recognizes A and A/B honor roll students with certificates and with "Spartans on a Roll" snack celebrations
- ★ Sponsors "Spartans of Excellence" for students who demonstrate extra effort and exemplary citizenship
- ★ Administers a "Vocab Lab" to help students enhance vocabulary skills
- ★ Promotes the President's Volunteer Service Award for all students who complete 100 or more community service hours within the April 16, 2011 to April 15, 2012 designated period
- ★ Awards three \$1000 scholarships annually to Sanderson Seniors
 - EXCELLENCE SCHOLARSHIP – awarded to a senior with a 4.0 GPA or higher
 - SUCCESS SCHOLARSHIP – awarded to a senior with a 2.5-3.99 GPA
 - PERSEVERANCE SCHOLARSHIP- awarded to a senior regardless of GPA who has overcome exceptional odds to become a successful student
- ★ Acknowledges all seniors who have earned a 4.2 GPA or higher with a Senior 4.2 Dinner
- ★ Hosts a breakfast for inductees into the National Honor Society
- ★ Supports Sanderson staff members with the S.P.A.R.T.A.N. Award, Tea Cart and Grants
- ★ ***For more information, visit the ABC website on the SHS homepage under Academics.***

THE ACADEMIC BOOSTER CLUB NEEDS YOUR SUPPORT THIS YEAR! Join us as we work to enhance the academic environment of our outstanding school to benefit every student. Please support our efforts and consider a tax-deductible contribution in addition to your membership or pursue a matching gift and sponsorship from your place of business.

ACADEMIC BOOSTER CLUB CONTRIBUTION OPTIONS	YES! I'D LIKE TO HELP IN OTHER WAYS!
<input type="checkbox"/> Family (\$25) <input type="checkbox"/> Individual (\$15) <input type="checkbox"/> Silver (\$50-\$99) <input type="checkbox"/> Gold (\$100-\$249) <input type="checkbox"/> Platinum Spartan (\$250 - \$499) <input type="checkbox"/> Spartan Scholar Circle (\$500+) <input type="checkbox"/> Corporate Sponsorship	<input type="checkbox"/> Serve on a Committee _____ (Committee Name if known) <input type="checkbox"/> Scholarship Program <input type="checkbox"/> Recognition Programs <input type="checkbox"/> Fundraising <input type="checkbox"/> Alumnus (Year _____)

MAKE CHECKS PAYABLE TO Sanderson Academic Booster Club
 Mail to: Ginny Sylvester at 8117 Bluffridge Drive, Raleigh, NC 27615
ginybeach@nc.rr.com

NAME: _____ STUDENT'S NAME: _____

PHONE: _____ E-MAIL ADDRESS: _____

Sanderson Academic Booster Club News

~ Terri Northcutt, Academic Booster Club President

Sanderson Academic Booster Club is dedicated to promoting a superior academic environment and improving opportunities for every student. We recognize academic excellence, support the faculty, encourage exemplary achievements in citizenship and raise funds to accomplish these goals.

It is our belief that students are born with a desire to learn, and we want to help ensure this powerful desire is kept alive. We are an enthusiastic group of parents, grandparents and teachers who believe in the power of academics to transform lives. Please join us as we strive to "Bring out the Best" in ALL students and work to enhance the environment of this outstanding school!

Visit us online at <http://sandersonhs.wcpss.net/resources/abc>

Academic Booster Club Membership

We invite all Sanderson parents to join the efforts to promote academic achievement at Sanderson. Thank you to everyone who has already joined for the 2011 - 2012 school year. Your support plays a valuable role in the success of our many programs!

President's Volunteer Service Award (PVSA)

Volunteering is a great way to give back to the community while learning from different experiences. Some colleges now require volunteer hours or heavily consider them on entrance applications. Take the time now to record your volunteer hours you accrued over the summer for community service. Students will receive the President's Volunteer Service Award based on the number of hours served from 4/16/2011 through 4/15/2012.

To receive the PVSA a minimum of 100 volunteer hours is required for students who are 15 or older. (Fewer hours are required of students who are 14 years old as of 10/15/11.) This year we will also be awarding the Sanderson High School Volunteer Award.

To log your hours for credit go to the Academic Booster Club link found on the SHS homepage. Under Student Support, click on President's Volunteer Service Award. This will give you Sanderson's "Record of Service Key" to make sure your hours are reported to the Sanderson group. It will also provide more detailed information regarding the award levels. Please contact Wanda Sutton (5suttons@earthlink.net) if you have any questions.

VIC # for ABC

The Academic Booster Club has a *Together in Education* account at **Harris Teeter**. Tell your cashier during check out to link your **VIC** card to account **#8340**. Once you are linked, 2% of your HT private label purchases will be contributed by Harris Teeter to our account.

"Drive One 4UR School"

Many thanks to everyone who participated in the "Drive One 4UR School" program at Sanderson on August 23! It was a huge success and would not have been possible without the support of our wonderful Sanderson community.

Join the Sanderson Team for The Gail Parkins Memorial Ovarian Awareness Walk

which will take place Saturday, September 17, 2011.

5K Run: 7:00 am – Registration Opens, 8:00 am – Run starts
Strollers, wheelchairs, and dogs are welcome but must start behind other runners.

It Whispers, So Listen – Educational Forum open to the public.
8:00 am – Registration begins for forum and/or walk 9:30am – Forum begins at Sanderson High School.

Educational Forum presented by Duke and UNC GYN Oncologists. Once you are educated and know the symptoms, join us for the walk that helps raise money and awareness for ovarian cancer...

The Ovarian Awareness Walk - 2-mile walk **
9:00 am – Registration begins 10:30 am – Start walking for a cure!
** *Strollers, wheelchairs, and dogs are welcome to participate*

VENDORS - SILENT AUCTION - FOOD - FUN

To join the Sanderson Team please register at the website www.ovarianawareness.org. Select Register then select Join a team and enter **SHS FCCLA** or Melissa Shedd to join the Sanderson Team!

College Planning Checklist

~ Col. Bob Penny, Senior Aerospace Science Instructor

The following College Planning Checklist is submitted by Col. Bob Penny, Senior Aerospace Science Instructor, and this is great information for all college bound seniors, not just cadets.

- 1. First Semester Junior Year** -- Take the PSAT and go to College Fairs (In Raleigh, go to the Fair at NC State Univ. on 18 September from 2 to 4:30 PM at the McKimmon Center). If your PSAT score is low, take a SAT Prep course.
- 2. Second Semester Junior Year** -- Take the SAT TWO TIMES and go visit colleges and universities you believe will accept you.
- 3. Summer Between Junior and Senior Year** -- Research university/college web sites to see if applications must be completed on line or on paper. Ideally, applications will be completed through CFNC at <http://www.cfnc.org/> on their online application page. This allows you to complete the same demographic information one time and then visit individual college web sites as needed, saving time and making the process easier.
- 4. August - October of Senior Year** -- Mail out applications or apply on line on the college's web page. In mid October, apply to North Carolina colleges and universities (including community colleges) through the transcript request process at CFNC.org (This is FREE). Students applying to out of state colleges/universities need to complete the paper transcript request (online or in Student Services) and submit to the Student Services registrar. The first 3 of those are free, after that, they are \$5 each. Transcripts are not updated for seniors until the twentieth day school.
- 5. August to November of Senior Year** -- Take SAT one last time. Have the results sent to the colleges/universities to which you've applied. Note: Applications, transcripts, and SAT/ACT results DO NOT have to be sent at the same time. Admissions offices build a file on you and add documents as they arrive.
- 6. January of Senior Year** -- Fill out Financial Aid Forms from colleges - most will be on line. FAFSA is available January 1st and can be filed through February 15th at <http://www.fafsa.ed.gov/> (See more "Web Sites for College Planning" on the AFJROTC website, linked from the Sanderson site.)
- 7. February - March of Senior Year** -- Get in touch with Financial Aid offices at the colleges that accepted you to see if they've received required information from you.
- 8. April of Senior Year** -- You should hear from the schools to which you submitted regular decision applications. Compare the acceptance letters and financial aid offers. Go visit the colleges that accepted you and make your decision by the applicable dead line - many colleges/universities require a letter post-marked 1 May.
9. Don't get **SENIORITIS** -- Don't mess up your grades or reputation because the acceptances you've received can vanish in a heartbeat.
10. And finally -- **Don't procrastinate on any part of the process.**



Principal's message

(continued from page 1)

and give your student a release slip. Your student can then wait for you in the front office at the designated time. The student must sign in at the Attendance Office when they return.

Sanderson will continue with "Late Start Wednesday" this year. Students who ride the bus will arrive at their regular time. Car pool students and student drivers may arrive at regular time on Wednesday. First period will begin at 8:40 AM. All students will be directed to designated, supervised areas until first period begins. Students are not permitted to loiter in the parking lot or in vehicles during this time.

Parents, if you have not yet registered for SPAN access for your student, you may do so on Sept. 13 at "Meet the Teacher Night". SPAN, Student/Parent Access Network, is an online program that allows parents to access information that will facilitate communication and promote student success. Parents can review attendance, grades, lockers/parking, fees/fines, and disciplinary information. Parents can also review and verify demographic information including home/emergency telephone numbers and contacts.

Remember that all parents and visitors to the campus must sign in at the main office and receive a visitor's pass before proceeding to any location in the building. This includes scheduled appointments. If you need to check your student out of school, please allow a few extra minutes for your registration process before you can proceed to the Attendance Office. This WCPSS procedure is for the security of all students. Also, please note that the entrance near Student Services/Attendance is an "Exit Only" door and locked to incoming traffic. You must enter through the Main Office Lobby area.

PTSA No Fuss Fundraiser

~ from the Sanderson High School PTSA Board

When you support the Sanderson High School Parent, Teacher, Student Association, you help promote the advocacy and educational programs directed toward parents, teachers, students and the general public which are developed through conferences, committees, projects and programs. Your support of the PTSA this year will make possible such things as: funding new technology including the student response system "clickers", student recognitions, teach appreciation, teacher initiatives and classroom supplies. We are also conducting our "no Fuss Fundraiser" again, featuring... NO FUSS! No magazine sales, no coupon books. Our "No-Fuss Fundraiser" will fund special programs, communication between school and home, and other educational enhancements. Please help the PTSA offer Sanderson students more ways to **succeed** by making your family contribution today!

PTSA MEMBER NAME(S) _____

ADDRESS: _____

TELEPHONE: _____ EMAIL Address: _____

Number of Adults Joining PTSA	_____ (X \$10.00)	Total \$ _____
Number of Students Joining PTSA	_____ (X \$ 5.00)	Total \$ _____

Total Membership \$ _____

NO FUSS FUNDRAISER:

Patron \$25 ___ Silver \$50 ___ Gold \$100 ___ Other \$ ___

Fundraiser Total \$ _____

GRAND TOTAL \$ _____

Make checks payable to Sanderson **PTSA** and mail to: 5500 Dixon Drive, Raleigh, NC 27609

Your donation is tax-deductible: SHS tax ID 56-1137759

Or Current Resident

Meet the Teacher Night

Tuesday, September 13

6:30 pm



The SHS Community Yahoo Group helps keep parents, students and others aware of what is going on in and around the Sanderson Community. Sign up to receive the SHS Weekly along with other pertinent emails about upcoming events and information of interest. To join send an email to:

SHScommunity-subscribe@yahoogroups.com

Send Yahoo submissions to: cmj61@nc.rr.com

Sanderson High School Blood Drive



AFJROTC and FCCLA will sponsor two Blood Drives at Sanderson this year. The first is on Friday, September 23 from 7:30 am till 1:00 pm in the school's small gym. The second Blood Drive will be in the Spring.

Sign up information will be announced soon. Students 17 years of age (16 with parental permission) weighing at least 110 pounds and in generally good health may be eligible to donate. Faculty, staff, and parents are also encouraged to donate at Sanderson. Please put this on your calendar and give blood – the need is constant, the gratification is instant!

Please e-mail ldbrown@wcpss.net with any questions.